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The young man's book of amusement

Halifax, 1848

To make Crocant or Ornamental Paste, for covering preserved Fruits

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liancy, to rinse it in pure water, and wipe it dry. But in the latter case, care must be taken to coat the back of the foil with varnish, that the acid may not penetrate through it by acting on both sides. The varnish should be composed of Jews' pitch (*asphaltum*) dissolved in oil of turpentine. The nitromuriatic composition is made of two parts of nitric acid and one part of muriatic acid, diluted with ten parts of water.

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To make Crocant or Ornamental Paste, for covering preserved Fruits.

A crocant frame is made of copper, in the form of an egg cut through the middle, and about the size of two quarts: take about half a pound of flour and an ounce of fine grated sugar, which make up in a paste with the yolk of an egg or two, and a little water; roll it out very thin and even; butter the outside of your crocant, and lay the paste over it quite smooth, and with a sharp pointed penknife cut it in what figure you please; but it is only those who understand drawing can do it to perfection, as it ought to be done in coats of arms, flowers, foliage, &c. when done set it in the oven to harden, and make it a cover for preserved fruits of any kind.

You may boil sugar till it be quite tough and ropy, and butter your frame, and with a small twig lay it on the frame in what figure you please: take it off when quite hard, and use it as the other.

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